



*Greensboro Regional Center*  
*Services for the Deaf*  
*and the Hard of Hearing*  
HEALTH AND HUMAN SERVICES



# Do YOU know what to do after disaster strikes?

Learn how  
to prepare  
yourself  
and your  
family for  
any type  
of disaster  
with this  
hands-on  
interactive  
training

## COMMUNITY EMERGENCY RESPONSE TEAM (CERT) TRAINING

CERT educates individuals about disaster preparedness for hazards that may impact their area and trains them in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using training learned in the classroom and during exercises, CERT volunteers can assist others in their community following a disaster when professional responders are not immediately available to help. CERT volunteers are also encouraged to support emergency response agencies by taking an active role in emergency preparedness projects.

### CERT Training includes the following:

- Disaster Preparedness
- Fire Safety and Utility Controls
- Disaster Medical Operations - Part I
- Disaster Medical Operations - Part II
- Light Search and Rescue Operations
- CERT Organization
- Disaster Psychology
- Course Review and Disaster Simulation

If you are interested in attending, please contact John Sherwood at (336) 542-3810 or [john.sherwood@dhhs.nc.gov](mailto:john.sherwood@dhhs.nc.gov), and indicate what day of the week and time of day would be best for you. Please also indicate your need for communication accessibility. We will offer the classes once a month in four-hour blocks.

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*Health and  
Human Services*